

FlashBACK

Interactive Life Engagement Activity

An interactive reminiscing activity that draws on the power of everyday items from the past to ignite the senses, evoke memories, and change relationships for employees and those living with dementia

FLASHBACK

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\$55/set

Quantity discounts available

FEATURES

- 100 vivid images on high-gloss wipeable cards
- Leader guide
- Answer guide
- Link to online video learning guide

BENEFITS

- Promote stability
- Improve 'person-centered' awareness
- Impart wisdom through sharing experiences
- Promote self-understanding
- Validate personal life stories
- Build coping mechanisms
- Evoke meaningful and enjoyable interaction
- Promote communication and creativity
- Create opportunities to form new friendships
- Offer therapeutic engagement for people living with dementia

"As an activity director, I was very encouraged to see how the activity enabled my less verbal group members to come alive and participate. The Flashback activity made our day both enjoyable and memorable!"

**-Pam Pellizzari, Memory Programs Director
Barrington Area Council on Aging**

